## MIDUS PUBLICATIONS THAT INCLUDE CROSS-STUDY ANALYSES

(8/9/2023)

### **TOTAL NUMBER OF PUBLICATIONS: 322**

PUBLICATIONS WITH ALL STUDIES WITHIN THE USA:	# of publications
MIDUS & 1 other study	82
MIDUS & 2 other studies	28
MIDUS & 3 or more other studies	14
TOTA	L 124

PUBLICATIONS WITH STUDIES OUTSIDE THE USA:	# of publications
MIDUS & MIDJA (Midlife in Japan)	64
MIDUS & 1 other country (not MIDJA)	44
MIDUS & 2 other countries	20
MIDUS & 3 or more other countries	21
MIDUS used in meta-analyses & other	49
TOTAL	198

## WITHIN USA PUBLICATIONS USE THESE STUDIES in addition to MIDUS:

TOTAL # of publication s	Study	Publication # in the following reference list
36	Health & Retirement Study (HRS)	[1-35]
16	National Longitudinal Study of Adolescent Health (Add Health)	[3, 10, 11, 15, 16, 29, 35-44]
13	Wisconsin Longitudinal Study (WLS)	[14, 15, 19, 21, 25, 45-52]
6	National Social Life Health & Aging Project (NSHAP)	[10, 11, 44, 53- 55]
5	National Health & Aging Trends Study (NHATS)	[4, 6, 13, 14, 19]
4	American's Changing Lives (ACL) study	[29, 35, 56, 57]
3	Effects of Stress on Cognitive Aging, Physiology, and Emotions (ESCAPE)	[58-60]
3	National Longitudinal Survey of Youth (NLSY)	[15, 61, 62]
2	MN Twin Registry	[39, 63]
2	MN Twins Political Survey (MNTPS)	[64, 65]
2	National Health Interview Survey (NHIS)	[32, 66]
2	National Health and Nutrition Examination Survey (NHANES)	[66, 67]
2	North Texas Heart (NTH) study	[58, 59]
2	Stress and Working Memory (SAWM)	[58, 59]
2	Stress, Health, and Daily Experiences (SHADE)	[58, 59]
2	Work and Daily Life (WDL)	[58, 59]
2	Work, Family, and Health Study (WFHS)	[58, 59]
1	Awareness & Beliefs about Cancer Survey (ABC)	[68]
1	California Work & Health Survey	[69]
1	Cognitive Health & Aging Project (CHAP)	[70]
1	Colorado Adoption/Twin Study of Lifespan Behavioral Development and Cognitive Aging (CATSLife)	[60]
1	Consumer Expenditure Survey (CES)	[71]
1	Daily Experiences and Well-being Study (DEW)	[72]
1	General Social Survey (GSS)	[66]
1	Health Information National Trends Survey (HINTS)	[68]
1	Intra-individual Study of Affect, Health & Interpersonal Behavior	[73]
1	Muslim American Survey	[74]
1	National Comorbidity Study	[75]
1	National Epidemiologic Survey on Alcohol & Related Conditions (NESARC)	[66]
1	National Intimate Partner and Sexual Violence Survey (NISVS)	[66]
1	National Medical Expenditure Survey (NMES)	[61]
1	National Study of Changing Workforce (NSCW)	[76]
1	National Survey of American Life	[77]
1	National Survey of Family & Households	[47]
1	National Survey of Family Growth (NSFG)	[66]
1	National Survey of Lawyers' Career Satisfaction	[78]
1	National Survey of Sexual Health and Behavior (NSSHB)	[66]
1	Normative Aging Study (NAS)	[79]
1	Osteoporotic Fractures in Men Study (MrOS)	[80]
1	Panel Study of Income Dynamics (PSID)	[18]
1	Project Talent	[36]

1	Study of Osteoporotic Fractures (SOF)	[80]
41	Other (convenience samples, etc.)	[15, 66, 76, 81- 118]
6	Used MIDUS for a matched sample	[119-124]

#### Numbered publications referenced above (within USA publications):

- 1. Hahn Rickenbach E, Agrigoroaei S, Lachman ME. (2015). Awareness of memory ability and change: (in)accuracy of memory self-assessments in relation to performance. *Journal of Population Ageing*, 8(1-2), 71-99. https://doi.org/10.1007/s12062-014-9108-5. PMCID: PMC4371608
- 2. Kim H, Franks B, Higgins ET. (2013). Evidence that self-regulatory mode affects retirement savings. *Journal of Aging and Social Policy*, 25(3), 248-263. https://doi.org/10.1080/08959420.2013.791788
- 3. Luchetti M, Barkley JM, Stephan Y, Terracciano A, Sutin AR. (2014). Five-factor model personality traits and inflammatory markers: New data and a meta-analysis. *Psychoneuroendocrinology*, 50, 181-193. https://doi.org/10.1016/j.psyneuen.2014.08.014
- 4. Stephan Y, Sutin AR, Bayard S, Terracciano A. (2017). Subjective age and sleep in middle-aged and older adults. *Psychology & Health*, 32(9), 1140-1151. https://doi.org/10.1080/08870446.2017.1324971
- 5. Stephan Y, Sutin AR, Terracciano A. (2014). Physical activity and personality development across adulthood and old age: Evidence from two longitudinal studies. *Journal of Research in Personality*, 49, 1-7. https://doi.org/10.1016/j.jrp.2013.12.003
- 6. Stephan Y, Sutin AR, Terracciano A. (2016). Feeling older and risk of hospitalization: Evidence from three longitudinal cohorts. *Health Psychology*, 36(6), 634-637. https://doi.org/10.1037/hea0000335
- 7. Sutin AR, Stephan Y, Terracciano A. (2015). Weight discrimination and risk of mortality. *Psychological Science*. 26(11), 1803-1811. https://doi.org/10.1177/0956797615601103
- 8. Sutin AR, Stephan Y, Terracciano A. (2016). Perceived discrimination and personality development in adulthood. *Developmental Psychology*, 52(1), 155-163. https://doi.org/10.1037/dev0000069
- 9. Ward MM. (2013). Parental educational attainment and sense of control in mid- and late-adulthood. *Developmental Psychology*, 49(7), 1407-1412. https://doi.org/10.1037/a0029557
- 10. Yang YC, Gerken K, Schorpp K, Boen C, Harris KM. (2017). Early-life socioeconomic status and adult physiological functioning: A life course examination of biosocial mechanisms. *Biodemography and Social Biology*, 63(2), 87-103. https://doi.org/10.1080/19485565.2017.1279536
- 11. Yang YC, Boen C, Gerken K, Li T, Schorpp K, Harris KM. (2016). Social relationships and physiological determinants of longevity across the human life span. *Proceedings of the National Academy of Sciences*, 113(3), 578-583. https://doi.org/10.1073/pnas.1511085112
- 12. Chopik WJ, Edelstein RS. (2019). Retrospective memories of parental care and health from mid- to late life. *Health Psychology*, 38(1), 84-93. https://doi.org/10.1037/hea0000694
- 13. Stephan Y, Sutin AR, Terracciano A. (2018). Subjective age and mortality in three longitudinal samples. *Psychosomatic Medicine*, 80(7), 659-664. https://doi.org/10.1097/psy.000000000000013
- 14. Stephan Y, Sutin AR, Terracciano A. (2019). Subjective age and adiposity: Evidence from five samples. *International Journal of Obesity*, 43, 938-941. https://doi.org/10.1038/s41366-018-0179-x
- 15. Sutin AR, Luchetti M, Stephan Y, Robins RW, Terracciano A. (2017). Parental educational attainment and adult offspring personality: An intergenerational life span approach to the origin of adult personality traits. *Journal of Personality and Social Psychology*, 113(1), 144-166. https://doi.org/10.1037/pspp0000137
- 16. Yang YC, Schorpp K, Boen C, Johnson M, Mullan Harris K. (2020). Socioeconomic status and biological risks for health and illness across the life course. *Journals of Gerontology Series B, Psychological Sciences and Social Sciences*, 75(6), 613-624. https://doi.org/10.1093/geronb/gby108
- 17. Grollman EA, Hagiwara N. (2019). "Discrimination" versus "unfair treatment": Measuring differential treatment and its association with health. *Sociological Inquiry*, 89(4), 645-676. https://doi.org/10.1111/soin.12277
- 18. Lee YS, Putnam M, Morrow-Howell N, Inoue M, Greenfield JC, Chen H. (2019). Consolidated measures of activity among older adults: Results of a three data set comparison. *Journal of Gerontological Social Work*, 62(5), 502-520. https://doi.org/10.1080/01634372.2019.1582123

- 19. Stephan Y, Sutin AR, Bovier-Lapierre G, Terracciano A. (2018). Personality and walking speed across adulthood: Prospective evidence from five samples. *Social Psychological and Personality Science*, 9(7), 773-780. https://doi.org/10.1177/1948550617725152
- 20. Cornman JC, Glei DA, Weinstein M. (2021). Change in mobility: Consistency of estimates and predictors across studies of older adults. *Journals of Gerontology Series B, Psychological Sciences and Social Sciences*, 76(1), 209-218. https://doi.org/10.1093/geronb/gbz091. PMCID: PMC7973479
- 21. Stephan Y, Sutin AR, Terracciano A. (2020). Physical activity and subjective age across adulthood in four samples. *European Journal of Ageing*, 17, 469-476. https://doi.org/10.1007/s10433-019-00537-7
- 22. Chan T, Michalak NM, Ybarra O. (2019). When God is your only friend: Religious beliefs compensate for purpose in life in the socially disconnected. *Journal of Personality*, 87(3), 455-471. https://doi.org/10.1111/jopy.12401
- 23. Kim ES, Ryff C, Hassett A, Brummett C, Yeh C, Strecher V. (2020). Sense of purpose in life and likelihood of future illicit drug use or prescription medication misuse. *Psychosomatic Medicine*, 82(7), 715-721. https://doi.org/10.1097/psy.0000000000000842. PMCID: PMC7484217
- 24. Puterman E, Weiss J, Hives BA, Gemmill A, Karasek D, Mendes WB, Rehkopf DH. (2020). Predicting mortality from 57 economic, behavioral, social, and psychological factors. *Proceedings of the National Academy of Sciences*, 117(28), 16273-16282. https://doi.org/10.1073/pnas.1918455117
- 25. Stephan Y, Sutin AR, Luchetti M, Terracciano A. (2021). Memory and personality development in adulthood: Evidence from four longitudinal studies. *Journals of Gerontology Series B, Psychological Sciences and Social Sciences*, 76(1), 88-97. https://doi.org/10.1093/geronb/gbaa086
- 26. Luo J, Zhang B, Roberts BW. (2021). Sensitization or inoculation: Investigating the effects of early adversity on personality traits and stress experiences in adulthood. *PLoS ONE*, 16(4), 1-22. https://doi.org/10.1371/journal.pone.0248822
- 27. Olaru G, Allemand M. (2022). Correlated personality change across time and age. *European Journal of Personality*, 36(5), 729-749. https://doi.org/10.1177/08902070211014054
- 28. Stephan Y, Sutin AR, Luchetti M, Aschwanden D, Terracciano A. (2021). Subjective age and multiple cognitive domains in two longitudinal samples. *Journal of Psychosomatic Research*, 150, Article 110616. https://doi.org/10.1016/j.jpsychores.2021.110616
- 29. Yang YC, Walsh CE, Johnson MP, Belsky DW, Reason M, Curran P, . . . Harris KM. (2021). Life-course trajectories of body mass index from adolescence to old age: Racial and educational disparities. *Proceedings of the National Academy of Sciences*, 118(17), Article e2020167118. https://doi.org/10.1073/pnas.2020167118
- 30. Yemiscigil A, Vlaev I. (2021). The bidirectional relationship between sense of purpose in life and physical activity: A longitudinal study. *Journal of Behavioral Medicine*, 44, 715-725. https://doi.org/10.1007/s10865-021-00220-2
- 31. Choi SL, Namkung EH, Carr D. (2022). The effect of physical limitations on depressive symptoms over the life course: Is optimism a protective buffer? *Journals of Gerontology Series B, Psychological Sciences and Social Sciences*, 77(9), 1686-1698. https://doi.org/10.1093/geronb/gbac058. PMCID: PMC9434441
- 32. Glei DA, Weinstein M. (2021). Disadvantaged Americans are suffering the brunt of rising pain and physical limitations. *PLoS ONE*, 16(12), Article e0261375. http://dx.doi.org/10.1371/journal.pone.0261375. PMCID: PMC8659634
- 33. Atherton OE, Willroth EC, Graham EK, Luo J, Mroczek DK, Lewis-Thames MW. (2023). Rural-urban differences in personality traits and well-being in adulthood. *Journal of Personality*. Advance online publication. https://doi.org/10.1111/jopy.12818. NIHMSID: NIHMS1891996
- 34. Friedman EM, Teas E. (2023). Self-rated health and mortality: Moderation by purpose in life. *International Journal of Environmental Research and Public Health*, 20(12), Article 6171. https://doi.org/10.3390/ijerph20126171
- 35. Yang YC, Walsh CE, Shartle K, Stebbins RC, Aiello AE, Belsky DW, . . . Plassman BL. (2023). An early and unequal decline: Life course trajectories of cognitive aging in the United States. *Journal of Aging and Health*. Advance online publication. https://doi.org/10.1177/08982643231184593
- 36. Dunkel CS, Reeve CL, Woodley of Menie MA, van der Linden D. (2015). A comparative study of the general factor of personality in Jewish and non-Jewish populations. *Personality and Individual Differences*, 78, 63-67. https://doi.org/10.1016/j.paid.2015.01.014

- 37. Fletcher J. (2011). The effects of teenage childbearing on the short- and long-term health behaviors of mothers. *Journal of Population Economics*, 25(1), 201-218. https://doi.org/10.1007/s00148-011-0381-9
- 38. Kirzinger AE, Weber C, Johnson M. (2012). Genetic and environmental influences on media use and communication behaviors. *Human Communication Research*, 38(2), 144-171. https://doi.org/10.1111/j.1468-2958.2011.01424.x
- 39. Sudharsanan N, Behrman JR, Kohler H-P. (2016). Limited common origins of multiple adult health-related behaviors: Evidence from U.S. Twins. *Social Science and Medicine*, 171, 67-83. https://doi.org/10.1016/j.socscimed.2016.11.002
- 40. Luo J, Derringer J, Briley DA, Roberts BW. (2017). Genetic and environmental pathways underlying personality traits and perceived stress: Concurrent and longitudinal twin studies. *European Journal of Personality*, 31(6), 614-629. https://doi.org/10.1002/per.2127
- 41. Schwartz JA, Wright EM, Valgardson BA. (2019). Adverse childhood experiences and deleterious outcomes in adulthood: A consideration of the simultaneous role of genetic and environmental influences in two independent samples from the United States. *Child Abuse and Neglect*, 88, 420-431. https://doi.org/10.1016/j.chiabu.2018.12.022
- 42. Wilkinson R. (2018). The effects of parental death on religiosity within an American context. In: Cann CK, editors, *The Routledge handbook of death and the afterlife: Comparative perspectives*. Routledge.
- 43. Miller GE, Chen E, Yu T, Brody GH. (2020). Youth who achieve upward socioeconomic mobility display lower psychological distress but higher metabolic syndrome rates as adults: Prospective evidence from Add Health and MIDUS. *Journal of the American Heart Association*, 9, Article e015698. https://doi.org/10.1161/JAHA.119.015698
- 44. Jaremka LM, Kane HS, Sunami N, Lebed O, Austin KA. (2020). Romantic relationship distress, gender, socioeconomic status, and inflammation: A preregistered report. *Personal Relationships*, 27(3), 708-727. https://doi.org/10.1111/pere.12338
- 45. Jokela M. (2012). Birth-cohort effects in the association between personality and fertility. *Psychological Science*, 23(8), 835-841. https://doi.org/10.1177/0956797612439067
- 46. Jokela M, Hakulinen C, Singh-Manoux A, Kivimäki M. (2014). Personality change associated with chronic diseases: Pooled analysis of four prospective cohort studies. *Psychological Medicine*, 44(12), 2629-2640. https://doi.org/10.1017/S0033291714000257
- 47. Springer KW, Hauser RM. (2006). An assessment of the construct validity of Ryff's Scales of Psychological Well-Being: Method, mode, and measurement effects. *Social Science Research*, 35, 1080-1102. https://doi.org/10.1016/j.ssresearch.2005.07.004
- 48. Springer KW, Pudrovska T, Hauser RM. (2011). Does psychological well-being change with age? Longitudinal tests of age variations and further exploration of the multidimensionality of Ryff's model of psychological well-being. *Social Science Research*, 40(1), 392-398. https://doi.org/10.1016/j.ssresearch.2010.05.008
- 49. Jokela M, Alvergne A, Pollet TV, Lummaa V. (2011). Reproductive behavior and personality traits of the Five Factor Model. *European Journal of Personality*, 25(6), 487-500. https://doi.org/10.1002/per.822
- 50. Stephan Y, Sutin AR, Luchetti M, Bosselut G, Terracciano A. (2018). Physical activity and personality development over twenty years: Evidence from three longitudinal samples. *Journal of Research in Personality*, 73, 173-179. https://doi.org/10.1016/j.jrp.2018.02.005
- 51. Stephan Y, Sutin AR, Luchetti M, Terracciano A. (2020). Personality and memory performance over twenty years: Findings from three prospective studies. *Journal of Psychosomatic Research*, 128, Article 109885. https://doi.org/10.1016/j.jpsychores.2019.109885
- 52. Fieder M, Huber S. (2021). Fertility outcomes, heritability and genomic associations of in-group preference and in-group marriage. *Twin Research and Human Genetics*, 24(5), 264-272. https://doi.org/10.1017/thg.2021.48
- 53. Iveniuk J, Laumann EO, Waite LJ, McClintock MK, Tiedt A. (2014). Personality measures in the National Social Life, Health, and Aging Project. *Journals of Gerontology Series B, Psychological Sciences and Social Sciences*, 69(Suppl 2), S117-S124. https://doi.org/10.1093/geronb/gbu073
- 54. Lindau ST, Gavrilova N. (2010). Sex, health, and years of sexually active life gained due to good health: Evidence from two US population based cross sectional surveys of ageing. *BMJ- British Medical Journal*, 340, c81. https://doi.org/10.1136/bmj.c810
- 55. Silva T. (2019). "Daddies," "cougars," and their partners past midlife: Gender attitudes and relationship and sexual well-being among older adults in age-heterogenous partnerships. *Socius*, 5, 1-15. https://doi.org/10.1177/2378023119869452

- 56. Caputo J, Simon RW. (2013). Physical limitation and emotional well-being: Gender and marital status variations. *Journal of Health and Social Behavior*, 54(2), 241-257. https://doi.org/10.1177/0022146513484766
- 57. Robert SA, Li LW. (2001). Age variation in the relationship between community socioeconomic status and adult health. *Research on Aging*, 23(2), 233-258. https://doi.org/10.1177/0164027501232005
- 58. Scott SB, Sliwinski MJ, Zawadzki M, Stawski RS, Kim J, Marcusson-Clavertz D, . . . Smyth JM. (2020). A coordinated analysis of variance in affect in daily life. *Assessment*, 27(8), 1683-1698. https://doi.org/10.1177/1073191118799460. PMCID: PMC6408986
- 59. Stawski RS, Scott SB, Zawadzki MJ, Sliwinski MJ, Marcusson-Clavertz D, Kim J, . . . Smyth JM. (2019). Age differences in everyday stressor-related negative affect: A coordinated analysis. *Psychology and Aging*, 34(1), 91-105. https://doi.org/10.1037/pag0000309. PMCID: PMC6367015
- 60. Muñoz E, Scott SB, Corley R, Wadsworth SJ, Sliwinski MJ, Reynolds CA. (2020). The role of neighborhood stressors on cognitive function: A coordinated analysis. *Health and Place*, 66, Article 102442. https://doi.org/10.1016/j.healthplace.2020.102442
- 61. Earle A, Heymann SJ. (2004). Work, family and social class. In: Brim OG, Ryff CD, Kessler RC, editors, How healthy are we?: A national study of well-being at midlife (pp. 485-513). University of Chicago Press.
- 62. Figueredo AJ, Woodley MA, Brown SD, Ross KC. (2013). Multiple successful tests of the Strategic Differentiation-Integration Effort (SD-IE) hypothesis. *Journal of Social, Evolutionary & Cultural Psychology*, 7(4), 361-383. https://doi.org/10.1037/h0099182
- 63. Lewis GJ, Bates TC. (2014). Common heritable effects underpin concerns over norm maintenance and in-group favoritism: Evidence from genetic analyses of right-wing authoritarianism and traditionalism. *Journal of Personality*, 82(4), 297-309. https://doi.org/10.1111/jopy.12055
- 64. Littvay L, Weith PT, Dawes CT. (2011). Sense of control and voting: A genetically-driven relationship. *Social Science Quarterly*, 92(5), 1236-1252. https://doi.org/10.1111/j.1540-6237.2011.00816.x
- 65. Weinschenk AC, Dawes CT. (2017). The relationship between genes, personality traits, and political interest. *Political Research Quarterly*, 70(3), 467-476. https://doi.org/10.1177/1065912917698045
- 66. Robertson RE, Tran FW, Lewark LN, Epstein R. (2018). Estimates of non-heterosexual prevalence: The roles of anonymity and privacy in survey methodology. *Archives of Sexual Behavior*, 47(4), 1069-1084. https://doi.org/10.1007/s10508-017-1044-z
- 67. Hastings WJ, Almeida DM, Shalev I. (2022). Conceptual and analytical overlap between allostatic load and systemic biological aging measures: Analyses from the National Survey of Midlife Development in the United States. *Journals of Gerontology Series A, Biological Sciences and Medical Sciences*, 77(6), 1179-1188. https://doi.org/10.1093/gerona/glab187. PMCID: PMC9159656
- 68. Taber JM, Klein WMP, Suls JM, Ferrer RA. (2017). Lay awareness of the relationship between age and cancer risk. *Annals of Behavioral Medicine*, 51, 214-225. https://doi.org/10.1007/s12160-016-9845-1
- 69. Grzywacz JG, Dooley D. (2003). "Good jobs" to "bad jobs": Replicated evidence of an employment continuum from two large surveys. *Social Science and Medicine*, 56(8), 1749-1760. https://doi.org/10.1016/S0277-9536(02)00170-3
- 70. Sliwinski MJ, Almeida DM, Smyth J, Stawski RS. (2009). Intraindividual change and variability in daily stress processes: Findings from two measurement-burst diary studies. *Psychology and Aging*, 24(4), 828-840. https://doi.org/10.1037/a0017925. PMCID: PMC2857711
- 71. Siahpush M, Tibbits M, Maloney S, Johansson P, Grimm B, Nguyen M, . . . Singh GK. (2020). Smoking households give less to charity. *Nonprofit & Voluntary Sector Quarterly*, 49(3), 589-610. https://doi.org/10.1177/0899764019883950
- 72. Lee S, Ng YT, Charles Susan T, Almeida David M, Fingerman Karen L. (2023). Who has active lifestyles? Sociodemographic and personality correlates of activity diversity in two samples of adults. *Journals of Gerontology Series B, Psychological Sciences and Social Sciences*, 78(4), 659-669. https://doi.org/10.1093/geronb/gbac192. PMCID: PMC10066737
- 73. Koffer RE, Ram N, Conroy DE, Pincus AL, Almeida DM. (2016). Stressor diversity: Introduction and empirical integration into the daily stress model. *Psychology and Aging*, 31(4), 301-320. https://doi.org/10.1037/pag0000095. PMCID: PMC4943459
- 74. Zainiddinov H. (2016). Racial and ethnic differences in perceptions of discrimination among Muslim Americans. *Ethnic and Racial Studies*, 39(15), 2701-2721. https://doi.org/10.1080/01419870.2016.1164877

- 75. Kessler RC, DuPont RL, Berglund P, Wittchen H-U. (1999). Impairment in pure and comorbid generalized anxiety disorder and major depression at 12 months in two national surveys. *American Journal of Psychiatry*, 156(12), 1915-1923. https://doi.org/10.1176/ajp.156.12.1915
- 76. Selvarajan TT, Cloninger PA, Singh B. (2013). Social support and work-family conflict: A test of an indirect effects model. *Journal of Vocational Behavior*, 83(3), 486-499. https://doi.org/10.1016/i.ivb.2013.07.004
- 77. Barkan SE. (2018). Measuring perceived mistreatment: Potential problems in asking about "discrimination". *Sociological Inquiry*, 88(2), 245-253. https://doi.org/10.1111/soin.12190
- 78. Kim J, Hicks JA. (2016). Happiness begets children? Evidence for a bi-directional link between well-being and number of children. *Journal of Positive Psychology*, 11(1), 62-69. https://doi.org/10.1080/17439760.2015.1025420
- 79. Mroczek DK, Spiro AI, Almeida DM. (2003). Between- and within-person variation in affect and personality over days and years: How basic and applied approaches can inform one another. *Ageing International*, 28(3), 260-278. https://doi.org/10.1007/s12126-002-1007-z
- 80. Otaiku AI. (2022). Distressing dreams, cognitive decline, and risk of dementia: A prospective study of three population-based cohorts. *eClinicalMedicine*, 52, Article 101640. https://doi.org/10.1016/j.eclinm.2022.101640
- 81. Allen TD, Henderson TG, Mancini VS, French KA. (2017). Mindfulness and meditation practice as moderators of the relationship between age and subjective wellbeing among working adults. *Mindfulness*, 8(4), 1055-1063. https://doi.org/10.1007/s12671-017-0681-6
- 82. Almeida DM, Wethington E, McDonald DA. (2001). Daily variation in paternal engagement and negative mood: Implications for emotionally supportive and conflictual interactions. *Journal of Marriage & Family*, 63(2), 417-429. https://doi.org/10.1111/j.1741-3737.2001.00417.x
- 83. Doyle DM, Molix L. (2014). How does stigma spoil relationships? Evidence that perceived discrimination harms romantic relationship quality through impaired self-image. *Journal of Applied Social Psychology*, 44(9), 600-610. https://doi.org/10.1111/jasp.12252
- 84. Eisenlohr-Moul T, Segerstrom S. (2013). Autonomy, positive relationships, and IL-6: Evidence for gender-specific effects. *British Journal of Health Psychology*, 18(2), 420-438. https://doi.org/10.1111/j.2044-8287.2012.02085.x
- 85. Ford MT, Jin J. (2015). Incongruence between workload and occupational norms for time pressure predicts depressive symptoms. *European Journal of Work and Organizational Psychology*, 24(1), 88-100. https://doi.org/10.1080/1359432X.2013.858701
- 86. Frazier PA, Kaler ME. (2006). Assessing the validity of self-reported stress-related growth. *Journal of Consulting and Clinical Psychology*, 74(5, Special Issue: Benefit Finding), 859-869. https://doi.org/10.1037/0022-006X.74.5.859
- 87. Gallagher MW, Lopez SJ, Preacher KJ. (2009). The hierarchical structure of well-being. *Journal of Personality*, 77(4), 1025-1050. https://doi.org/10.1111/j.1467-6494.2009.00573.x
- 88. Keyes CLM. (1998). Social well-being. Social Psychology Quarterly, 61(2), 121-140.
- 89. Lachman ME, Weaver SL. (1998). The sense of control as a moderator of social class differences in health and well-being. *Journal of Personality and Social Psychology*, 74(3), 763-773. https://doi.org/10.1037/0022-3514.74.3.763
- 90. Piazza JR, Charles ST, Luong G, Almeida DM. (2015). One size fits all? Applying theoretical predictions about age and emotional experience to people with functional disabilities. *Psychology and Aging*, 30(4), 930-939. https://doi.org/10.1037/pag0000045. PMCID: PMC4679516
- 91. Plaut VC, Markus HR, Treadway JR, Fu AS. (2012). The cultural construction of self and well-being: A tale of two cities. *Personality and Social Psychology Bulletin*, 38(12), 1644-1658. https://doi.org/10.1177/0146167212458125
- 92. Scott SB, Sliwinski MJ, Mogle JA, Almeida DM. (2014). Age, stress, and emotional complexity: Results from two studies of daily experiences. *Psychology and Aging*, 29(3), 577-587. https://doi.org/10.1037/a0037282. PMCID: PMC4176809
- 93. Selvarajan TT, Singh B, Cloninger PA. (2016). Role of personality and affect on the social support and work family conflict relationship. *Journal of Vocational Behavior*, 94, 39-56. https://doi.org/10.1016/j.jvb.2016.02.004
- 94. Whillans AV, Dunn EW, Sandstrom GM, Dickerson SS, Madden KM. (2016). Is spending money on others good for your heart? *Health Psychology*, 35(6), 574-583. https://doi.org/10.1037/hea0000332

- 95. Zawadzki MJ, Mendiola J, Walle EA, Gerin W. (2016). Between-person and within-person approaches to the prediction of ambulatory blood pressure: The role of affective valence and intensity. *Journal of Behavioral Medicine*, 39(5), 757-766. https://doi.org/10.1007/s10865-016-9746-6
- 96. Ganzach Y, Yaor E. (2019). The retrospective evaluation of positive and negative affect. *Personality and Social Psychology Bulletin*, 45(1), 93-104. https://doi.org/10.1177/0146167218780695
- 97. Hittner EF, Rim KL, Haase CM. (2019). Socioeconomic status as a moderator of the link between reappraisal and anxiety: Laboratory-based and longitudinal evidence. *Emotion*, 19(8), 1478-1489. https://doi.org/10.1037/emo0000539
- 98. Park J, Flores AJ, Aschbacher K, Mendes WB. (2018). When anger expression might be beneficial for African Americans: The moderating role of chronic discrimination. *Cultural Diversity and Ethnic Minority Psychology*, 24(3), 303-318. https://doi.org/10.1037/cdp0000185
- 99. Roberts ID, Krajbich I, Way BM. (2019). Acetaminophen influences social and economic trust. *Scientific Reports*, 9(1), Article 4060. https://doi.org/10.1038/s41598-019-40093-9
- 100. Kan K-J, van der Maas HLJ, Levine SZ. (2019). Extending psychometric network analysis: Empirical evidence against *g* in favor of mutualism? *Intelligence*, 73, 52-62. https://doi.org/10.1016/j.intell.2018.12.004
- Craig L, Kuykendall L. (2019). Examining the role of friendship for employee well-being. *Journal of Vocational Behavior*, 115, Article 103313. https://doi.org/10.1016/j.jvb.2019.06.001
- 102. Uysal A, Aykutoglu B, Ascigil E. (2020). Basic psychological need frustration and health: Prospective associations with sleep quality and cholesterol. *Motivation & Emotion*, 44, 209-225. https://doi.org/10.1007/s11031-019-09806-5
- 103. Kuykendall L, Lei X, Zhu Z, Hu X. (2020). Leisure choices and employee well-being: Comparing need fulfillment and well-being during TV and other leisure activities. *Applied Psychology: Health and Well-Being*, 12(2), 532-558. https://doi.org/10.1111/aphw.12196
- 104. Machia LV, Proulx ML. (2020). The diverging effects of need fulfillment obtained from within and outside of a romantic relationship. *Personality and Social Psychology Bulletin*, 46(5), 781-793. . https://doi.org/10.1177/0146167219877849
- Dorison CA, Wang K, Rees VW, Kawachi I, Ericson KMM, Lerner JS. (2020). Sadness, but not all negative emotions, heightens addictive substance use. *Proceedings of the National Academy of Sciences*, 117(2), 943-949. https://doi.org/10.1073/pnas.1909888116
- 106. Hisler GC, DeHart T, Krizan Z, Wright AGC. (2020). Neuroticism as the intensity, reactivity, and variability in day-to-day affect. *Journal of Research in Personality*, 87, Article 103964. https://doi.org/10.1016/j.jrp.2020.103964
- 107. Kim Y-K, Kramer A, Pak S. (2021). Job insecurity and subjective sleep quality: The role of spillover and gender. *Stress and Health*, 37(1), 72-92. https://doi.org/10.1002/smi.2974
- 108. Fernandes CR, Yu S, Howell TM, Wood Brooks A, Kilduff GJ, Pettit NC. (2021). What is your status portfolio? Higher status variance across groups increases interpersonal helping but decreases intrapersonal well-being. *Organizational Behavior and Human Decision Processes*, 165, 56-75. https://doi.org/10.1016/j.obhdp.2021.04.002
- O'Leary D, Uysal A, Rehkopf DH, Gross JJ. (2021). Subjective social status and physical health: The role of negative affect and reappraisal. *Social Science and Medicine*, 291, Article 114272. https://doi.org/10.1016/j.socscimed.2021.114272
- 110. Sheffler J, Meyer C, Puga F. (2022). Multi-sample assessment of stress reactivity as a mediator between childhood adversity and mid- to late-life outcomes. *Aging and Mental Health*, 26(6), 1207-1216. https://doi.org/10.1080/13607863.2021.1910787
- 111. Yu Q, King AP, Yoon C, Liberzon I, Davidson RJ, Kitayama S. (2021). Interdependent self-construal predicts increased gray matter volume of scene processing regions in the brain. *Biological Psychology*, 161, Article 108050. https://doi.org/10.1016/j.biopsycho.2021.108050. PMCID: PMC8375393
- 112. Boring BL, Maffly-Kipp J, Mathur VA, Hicks JA. (2022). Meaning in life and pain: The differential effects of coherence, purpose, and mattering on pain severity, frequency, and the development of chronic pain. *Journal of Pain Research*, 15, 299-314. https://doi.org/10.2147/JPR.S338691
- 113. Goldring MR, Bolger N. (2021). Physical effects of daily stressors are psychologically mediated, heterogeneous, and bidirectional. *Journal of Personality and Social Psychology*, 121(3), 722-746. https://doi.org/10.1037/pspp0000396

- 114. Inagaki TK, Gianaros PJ. (2022). Resting (tonic) blood pressure is associated with sensitivity to imagined and acute experiences of social pain: Evidence from three studies. *Psychological Science*, 33(6), 984-998. https://doi.org/10.1177/09567976211061107
- 115. Oh VYS. (2022). Torn between valences: Mixed emotions predict poorer psychological well-being and job burnout. *Journal of Happiness Studies*, 23, 2171-2200. https://doi.org/10.1007/s10902-021-00493-z
- 116. Tse DCK, Nakamura J, Csikszentmihalyi M. (2022). Flow experiences across adulthood: Preliminary findings on the continuity hypothesis. *Journal of Happiness Studies*, 23, 2517-2540. https://doi.org/10.1007/s10902-022-00514-5
- 117. Yu W, Zhu F, Foo MD, Wiklund J. (2022). What does not kill you makes you stronger: Entrepreneurs' childhood adversity, resilience, and career success. *Journal of Business Research*, 151, 40-55. https://doi.org/10.1016/j.jbusres.2022.06.035
- 118. Lee DS, Jiang T, Crocker J, Way BM. (2023). Can inflammation predict social media use? Linking a biological marker of systemic inflammation with social media use among college students and middle-aged adults. *Brain, Behavior, and Immunity*, 112, 1-10. https://doi.org/10.1016/j.bbi.2023.05.010
- 119. Smith LE, Hong J, Seltzer MM, Greenberg J, Almeida DM, Bishop S. (2010). Daily experiences among mothers of adolescents and adults with ASD. *Journal of Autism and Developmental Disorders*, 40(2), 167-178. https://doi.org/10.1007/s10803-009-0844-y. PMCID: PMC2826850
- 120. Smith L, Seltzer M, Greenberg J. (2012). Daily health symptoms of mothers of adolescents and adults with Fragile X syndrome and mothers of adolescents and adults with autism spectrum disorder. *Journal of Autism and Developmental Disorders*, 42(9), 1836-1846. https://doi.org/10.1007/s10803-011-1422-7. PMCID: PMC3426638
- 121. Seltzer MM, Greenberg JS, Hong J, Smith LE, Almeida DM, Coe C, Stawski RS. (2010). Maternal cortisol levels and behavior problems in adolescents and adults with ASD. *Journal of Autism and Developmental Disorders*, 40(4), 457-469. https://doi.org/10.1007/s10803-009-0887-0. PMCID: PMC2837763
- 122. Liebzeit D, Phelan C, Moon C, Brown R, Bratzke L. (2017). Rest-activity patterns in older adults with heart failure and healthy older adults. *Journal of Aging and Physical Activity*, 25(1), 116-122. https://doi.org/10.1123/japa.2016-0058
- 123. Hartley SL, Barker ET, Seltzer MM, Floyd F, Greenberg J, Orsmond G, Bolt D. (2010). The relative risk and timing of divorce in families of children with an autism spectrum disorder. *Journal of Family Psychology*, 24(4), 449-457. https://doi.org/10.1037/a0019847. PMCID: PMC2928572
- 124. Bulas AM, Li L, Kumar RG, Mazumdar M, Rosso AL, Youk AO, Dams-O'Connor K. (2021). Preinjury health status of adults with Traumatic Brain Injury: A preliminary matched case-control study. *Journal of Head Trauma Rehabilitation*, 27(4), 890-900. https://doi.org/10.1097/HTR.000000000000000703

# OUTSIDE USA PUBLICATIONS USE THESE STUDIES in THESE COUNTRIES in addition to MIDUS:

Takal # af		# of		Publication #
Total # of		pubs		in the
publications	Country	per	Study	following
per country		study		reference list
80	Japan	75	MIDJA	[1-75]
		1	Osaka Center of Excellence (COE) Study	[76]
		4	Unnamed study or convenience sample	[48, 65, 70, 77]
46	UK	2	British Birth Cohort	[78, 79]
		1	British Health and Lifestyle Survey (HALS)	[80]
		4	British Household Panel Survey (BHPS)	[76, 77, 81, 82]
		1	Cognitive Function and Aging Study (CFAS)	[83]
		17	English Longitudinal Study of Aging (ELSA)	[54, 56, 64, 75, 76, 80, 83-93]
		4	Lothian Birth Cohort (LBC)	[88, 89, 94, 95]
		1	MRC National Survey of Health & Development (NSHD)	[96]
		3	National Child Development Study (NCDS)	[76, 97, 98]
		1	TwinsUK Registry	[99]
		4	UK Household Longitudinal Study (UKHLS)	[34, 54, 80, 82]
		3	Understanding Society (US)	[83, 100, 101]
		3	Whitehall study	[78, 80, 102]
		2	Unnamed study or convenience sample	[103, 104]
34	Sweden	3	Ageing in Women and Men: A Longitudinal Study of Gender Differences in Health Behavior and Health among Elderly (GENDER)	[105-107]
		9	Origins of Variance in the Oldest-Old: Octogenarian Twins (OCTO-Twin)	[94, 96, 105- 111]
		1	Transition to Education and Employment	[112]
		5	Twin and Offspring Study (TOSS)	[105-108, 110]
		1	STAGE Cohort	[113]
		1	Survey of Health, Ageing and Retirement in Europe (SHARE)	[80]
		10	Swedish Adoption Twin Study of Aging (SATSA)	[94, 96, 105- 111, 114]
		1	Swedish Survey of Living Conditions	[115]
		1	Swedish Twin Registry (STR)	[116]
		1	Work, Lipids, and Fibrinogen Study (WOLF)	[80]
		1	Unnamed study	[103]
26	Germany	4	Berlin Aging Study	[88, 89, 94, 117]
		2	German Aging Survey	[118, 119]
		2	German Family Panel study/ Panel Analysis of Intimate Relationships and Family Dynamics (pairfam)	[120, 121]

Total # of publications per country	Country	# of pubs per	Study	Publication # in the following
per country		study		reference list
		8	German Socioeconomic Panel Study (GSOEP)	[34, 76, 77, 82, 94, 122-124]
		1	German Twin Family Panel (Twinlife)	[82]
		3	Interdisciplinary Longitudinal Study of Adult Development (ILSE)	[88, 89, 94]
		1	KORA Cohort	[78]
		1	Program for the International Assessment of Adult Competencies (PIAAC)	[125]
		1	Survey of Health, Ageing and Retirement in Europe (SHARE)	[80]
		3	Unnamed study	[78, 103, 126]
16	Denmark	6	Longitudinal Study of Aging Danish Twins (LSADT)	[105-107, 109, 110, 127]
		8	Middle-Age Danish Twins (MADT)	[105-111, 127]
		1	Survey of Health, Ageing and Retirement in Europe (SHARE)	[80]
		1	Unnamed study	[103]
14	Australia	1	Canberra Longitudinal Study (CLS)	[96]
		5	Household, Income and Labour Dynamics in Australia survey (HILDA)	[34, 76, 122- 124]
		4	Older Australian Twins Study (OATS)	[88, 89, 95, 127]
		3	Sydney Memory and Ageing Study (MAS)	[88, 89, 95]
		1	Convenience sample	[46]
13	Netherlands	4	Longitudinal Internet Studies for the Social Sciences (LISS)	[55, 56, 76, 101]
		2	Longitudinal Study of Amsterdam (LASA)	[94, 96]
		1	Netherlands Kinship Panel Study	[128]
		2	Netherlands Twin Registry (NTR)	[78, 129]
		1	Rotterdam Study	[78]
		1	Survey of Health, Ageing and Retirement in Europe (SHARE)	[80]
		2	Unnamed study	[78, 103]
8	Finland	1	Finnish Public Sector Study (FPS)	[80]
		2	Finnish Twin Cohort (FTC)	[108, 110]
		1	Finnish Twin Study on Aging (FITSA)	[109]
		1	Finntwin16	[108]
		1	Health and Social Support Cohort Study (HeSSup)	[80]
_		2	Older Finnish Twin Cohort Study	[106, 130]
8	Taiwan	4	Social Environment & Biomarkers of Aging Study (SEBAS)	[85, 131-133]
		2	Taiwan Longitudinal Study of Aging (TLSA)	[87, 132]
		2	Taiwanese Social Environment and Biomarkers of Aging Study (SEBAS)	[86, 134]
4	France	1	GAZEL	[80]
		1	Survey of Health, Ageing and Retirement in Europe (SHARE)	[80]
_		2	Unnamed studies	[103, 135]
4	Iran	1	Iranian Mental Well-being Project (IMWP)	[136]
4	1/	3	Unnamed study or convenience sample	[38, 103, 137]
4	Korea	1	Korean General Social Survey (KGSS)	[75]
		1	Middle Aged Adults in Korea (MIDKO)	[138]
		2	Unnamed study or convenience sample	[103, 137]

Total # of publications per country	Country	# of pubs per study	Study	Publication # in the following reference list
4	Singapore	4	Convenience sample	[139-142]
3	Canada	3	Unnamed study or convenience sample	[77, 137, 143]
3	China	3	Convenience sample	[45, 141, 144]
3	Costa Rica	3	Costa Rican Study on Longevity and Healthy Aging (CRELES)	[85-87]
2	Israel	1	Survey of Health, Ageing and Retirement in Europe (SHARE)	[80]
		1	Unnamed study	[103]
2	Italy	1	Survey of Health, Ageing and Retirement in Europe (SHARE)	[80]
		1	Unnamed study	[103]
2	Madagascar	2	Convenience sample	[145, 146]
2	Russia	2	Stress Aging and Health in Russia (SAHR)	[86, 133]
2	Spain	1	Survey of Health, Ageing and Retirement in Europe (SHARE)	[80]
		1	Unnamed study	[103]
1	Austria	1	Survey of Health, Ageing and Retirement in Europe (SHARE)	[80]
1	Belgium	1	Survey of Health, Ageing and Retirement in Europe (SHARE)	[80]
1	Cameroon	1	Unnamed study	[103]
1	Columbia	1	Unnamed study	[103]
1	Greece	1	Unnamed study	[103]
1	Guatemala	1	Convenience sample	[145]
1	Malawi	1	Malawi Longitudinal Study of Families and Health	[147]
1	New Zealand	1	Dunedin Multidisciplinary Health and Development Study	[148]
1	Portugal	1	Convenience sample	[149]
1	Switzerland	1	Unnamed study	[78]
1	Tanzania	1	Convenience sample	[146]
49	Multiple		Meta-analyses & other	[150-198]

#### Numbered publications referenced above (outside USA publications):

- 1. Akutsu S, Yamaguchi A, Kim MS, Oshio A. (2016). Self-construals, anger regulation, and life satisfaction in the United States and Japan. *Frontiers in Psychology*, 7, Article 768. https://doi.org/10.3389/fpsyg.2016.00768
- 2. Andersson MA. (2015). How do we assign ourselves social status? A cross-cultural test of the cognitive averaging principle. *Social Science Research*, 52, 317-329. https://doi.org/10.1016/j.ssresearch.2015.02.009
- 3. Boylan JM, Tsenkova VK, Miyamoto Y, Ryff CD. (2017). Psychological resources and glucoregulation in Japanese adults: Findings from MIDJA. *Health Psychology*, 36(5), 449-457. https://doi.org/10.1037/hea0000455. PMCID: PMC5398939
- 4. Chopik WJ, Kitayama S. (2018). Personality change across the lifespan: Insights from a cross-cultural longitudinal study. *Journal of Personality*, 86(3), 508-521. https://doi.org/10.1111/jopy.12332. PMCID: PMC5742083
- 5. Coe CL, Love GD, Karasawa M, Kawakami N, Kitayama S, Markus HR, . . . Ryff CD. (2011). Population differences in proinflammatory biology: Japanese have healthier profiles than Americans. *Brain, Behavior, and Immunity*, 25(3), 494-502. https://doi.org/10.1016/j.bbi.2010.11.013. PMCID: PMC3039107
- 6. Costello-White R, Ryff CD, Coe CL. (2015). Aging and low-grade inflammation reduce renal function in middle-aged and older adults in Japan and the USA. *Age*, 37(4), Article 75. https://doi.org/10.1007/s11357-015-9808-7. PMCID: PMC4506280

- 7. Curhan KB, Levine CS, Markus HR, Kitayama S, Park J, Karasawa M, . . . Ryff CD. (2014). Subjective and objective hierarchies and their relations to psychological well-being: A U.S./Japan comparison. *Social Psychological and Personality Science*, 5(8), 855-864. https://doi.org/10.1177/1948550614538461. PMCID: PMC4266948
- 8. Dunkel CS. (2013). Evidence for the role of the general factor of personality (GFP) in enculturation: The GFP and self-construal in Japanese and American samples. *Personality and Individual Differences*, 55(4), 417-421. https://doi.org/10.1016/j.paid.2013.04.002
- 9. Gnambs T, Stiglbauer B, Selenko E. (2015). Psychological effects of (non)employment: A cross-national comparison of the United States and Japan. *Scandinavian Journal of Psychology*, 56(6), 659-669. https://doi.org/10.1111/sjop.12240
- 10. Kan C, Kawakami N, Karasawa M, Love GD, Coe CL, Miyamoto Y, . . . Markus HR. (2014). Psychological resources as mediators of the association between social class and health: Comparative findings from Japan and the USA. *International Journal of Behavioral Medicine*, 21(1), 53-65. https://doi.org/10.1007/s12529-012-9249-y. PMCID: PMC3708975
- 11. Karasawa M. (2012). Ageing and well-being: Cross-cultural perspective. *Japanese Psychological Review*, 55(1), 137-151.
- 12. Karasawa M, Curhan K, Markus H, Kitayama S, Love G, Radler B, Ryff C. (2011). Cultural perspectives on aging and well-being: A comparison of Japan and the United States. *International Journal of Aging and Human Development*, 73(1), 73-98. https://doi.org/10.2190/AG.73.1.d. PMCID: PMC3183740
- 13. Kitayama S, Karasawa M, Curhan KB, Ryff CD, Markus HR. (2010). Independence and interdependence predict health and wellbeing: Divergent patterns in the United States and Japan. *Frontiers in Psychology*, 1(Article 163), 1-10. https://doi.org/10.3389/fpsyg.2010.00163. PMCID: PMC3153777
- 14. Kitayama S, Park J, Boylan JM, Miyamoto Y, Levine CS, Markus HR, . . . Ryff CD. (2015). Expression of anger and ill health in two cultures: An examination of inflammation and cardiovascular risk. *Psychological Science*, 26(2), 211-220. https://doi.org/10.1177/0956797614561268. PMCID: PMC4323672
- 15. Levine CS, Miyamoto Y, Markus HR, Rigotti A, Boylan JM, Park J, . . . Ryff CD. (2016). Culture and healthy eating: The role of independence and interdependence in the United States and Japan. *Personality and Social Psychology Bulletin*, 42(10), 1335-1348. https://doi.org/10.1177/0146167216658645. PMCID: PMC5023492
- 16. Miyamoto Y, Boylan JM, Coe CL, Curhan KB, Levine CS, Markus HR, . . . Ryff CD. (2013). Negative emotions predict elevated interleukin-6 in the United States but not in Japan. *Brain, Behavior, and Immunity*, 34, 79-85. https://doi.org/10.1016/j.bbi.2013.07.173. PMCID: PMC3826918
- 17. Miyamoto Y, Ryff CD. (2011). Cultural differences in the dialectical and non-dialectical emotional styles and their implications for health. *Cognition & Emotion*, 25(1), 22-39. https://doi.org/10.1080/02699931003612114 PMCID: PMC3269302
- 18. Novin S, Tso IF, Konrath SH. (2014). Self-related and other-related pathways to subjective well-being in Japan and the United States. *Journal of Happiness Studies*, 15(5), 995-1014. https://doi.org/10.1007/s10902-013-9460-9
- 19. Park J, Kitayama S, Karasawa M, Curhan K, Markus HR, Kawakami N, . . . Ryff C. (2013). Clarifying the links between social support and health: Culture, stress, and neuroticism matter. *Journal of Health Psychology*, 18(2), 226-235. https://doi.org/10.1177/1359105312439731. PMCID: PMC3556221
- 20. Park J, Kitayama S, Markus HR, Coe CL, Miyamoto Y, Karasawa M, . . . Ryff CD. (2013). Social status and anger expression: The cultural moderation hypothesis. *Emotion*, 13(6), 1122-1131. https://doi.org/10.1037/a0034273. PMCID: PMC3859704
- 21. Robustelli BL, Whisman MA. (2018). Gratitude and life satisfaction in the United States and Japan. *Journal of Happiness Studies*, 19(1), 41-55. https://doi.org/10.1007/s10902-016-9802-5
- 22. Whisman MA, Judd CM. (2016). A cross-national analysis of measurement invariance of the satisfaction with life scale. *Psychological Assessment*, 28(2), 239-244. https://doi.org/10.1037/pas0000181
- 23. Yamaguchi A, Kim M-S, Akutsu S, Oshio A. (2015). Effects of anger regulation and social anxiety on perceived stress. *Health Psychology Open*, 2(2), Article 2055102915601583. https://doi.org/10.1177/2055102915601583

- 24. Yamaguchi A, Kim M-S, Oshio A, Akutsu S. (2016). Relationship between bicultural identity and psychological well-being among American and Japanese older adults. *Health Psychology Open*, 3(1), Article 2055102916650093. https://doi.org/10.1177/2055102916650093
- 25. Yamaguchi A, Kim M-S, Oshio A, Akutsu S. (2017). The role of anger regulation on perceived stress status and physical health. *Personality and Individual Differences*, 116, 240-245. https://doi.org/10.1016/i.paid.2017.03.053
- 26. Yoo J, Miyamoto Y, Rigotti A, Ryff CD. (2017). Linking positive affect to blood lipids: A cultural perspective. *Psychological Science*, 28(10), 1468-1477. https://doi.org/10.1177/0956797617713309. PMCID: PMC5633496
- 27. Yoo J, Miyamoto Y, Ryff CD. (2016). Positive affect, social connectedness, and healthy biomarkers in Japan and the US. *Emotion*, 16(8), 1137-1146. https://doi.org/10.1037/emo0000200. PMCID: PMC5125886
- 28. Kitayama S, Park J, Miyamoto Y, Date H, Boylan JM, Markus HR, . . . Ryff CD. (2018). Behavioral adjustment moderates the link between neuroticism and biological health risk: A U.S.-Japan comparison study. *Personality and Social Psychology Bulletin*, 44(6), 809-822. https://doi.org/10.1177/0146167217748603. PMCID: PMC5940540
- 29. Lee DS, Ybarra O, Gonzalez R, Ellsworth P. (2018). I-through-we: How supportive social relationships facilitate personal growth. *Personality and Social Psychology Bulletin*, 44(1), 37-48. https://doi.org/10.1177/0146167217730371
- 30. Stephan Y, Sutin AR, Bayard S, Križan Z, Terracciano A. (2018). Personality and sleep quality: Evidence from four prospective studies. *Health Psychology*, 37(3), 271-281. https://doi.org/10.1037/hea0000577
- 31. Takahashi Y, Fujiwara T, Nakayama T, Kawachi I. (2017). Subjective social status and trajectories of self-rated health status: A comparative analysis of Japan and the United States. *Journal of Public Health* 40(4), 713-720. https://doi.org/10.1093/pubmed/fdx158
- 32. Ishii K. (2019). Cultural influences in somatosensory amplification and their association with negative affective states. *Asian Journal of Social Psychology*, 22(1), 106-112. https://doi.org/10.1111/ajsp.12342
- 33. Tasfiliz D, Selcuk E, Gunaydin G, Slatcher RB, Corriero EF, Ong AD. (2018). Patterns of perceived partner responsiveness and well-being in Japan and the United States. *Journal of Family Psychology*, 32(3), 355-365. https://doi.org/10.1037/fam0000378
- 34. Jokela M, Airaksinen J, Kivimäki M, Hakulinen C. (2018). Is within-individual variation in personality traits associated with changes in health behaviours? Analysis of seven longitudinal cohort studies. *European Journal of Personality*, 32(6), 642-652. https://doi.org/10.1002/per.2173
- 35. Park J, Kitayama S. Anger expression and health: The cultural moderation hypothesis. In: Ryff CD, Krueger RF, editors. The Oxford handbook of integrative health science. New York: Oxford University Press; 2018. p. 379-394. https://doi.org/10.1093/oxfordhb/9780190676384.001.0001
- 36. Clobert M, Sims TL, Yoo J, Miyamoto Y, Markus HR, Karasawa M, Levine CS. (2020). Feeling excited or taking a bath: Do distinct pathways underlie the positive affect-health link in the US and Japan? *Emotion*, 20(2), 164-178. https://doi.org/10.1037/emo0000531. PMCID: PMC6656630
- 37. Boylan JM, Coe CL, Ryff CD. Social inequalities, psychological risk and resilience, and health. In: Ryff CD, Krueger RF, editors. The Oxford handbook of integrative health science. New York: Oxford University Press; 2018. p. 413-430. https://doi.org/10.1093/oxfordhb/9780190676384.001.0001
- 38. Joshanloo M, Weijers D. (2019). A two-dimensional conceptual framework for understanding mental well-being. *PLoS ONE*, 14(3), Article e0214045. https://doi.org/10.1371/journal.pone.0214045
- 39. Park J, Kitayama S, Miyamoto Y, Coe CL. (2020). Feeling bad is not always unhealthy: Culture moderates the link between negative affect and diurnal cortisol profiles. *Emotion*, 20(5), 721-733. https://doi.org/10.1037/emo0000605. PMCID: PMC6810750
- 40. Stephan Y, Sutin AR, Luchetti M, Caille P, Terracciano A. (2019). Cigarette smoking and personality change across adulthood: Findings from five longitudinal samples. *Journal of Research in Personality*, 81, 187-194. https://doi.org/10.1016/j.jrp.2019.06.006
- 41. Yu S, Blader SL. (2020). Why does social class affect subjective well-being? The role of status and power. *Personality and Social Psychology Bulletin*, 46(3), 331-348. https://doi.org/10.1177/0146167219853841

- 42. Choi JH, Miyamoto Y, Ryff CD. (2020). A cultural perspective on functional limitations and well-being. Personality and Social Psychology Bulletin, 46(9), 1378-1391.

  https://doi.org/10.1177/0146167220905712. PMCID: PMC7416449
- 43. Haas BW, vanDellen MR. (2020). Culture is associated with the experience of long-term self-concept changes. *Social Psychological and Personality Science*, Advance online publication. https://doi.org/10.1177/1948550619893966
- 44. Hartanto A, Yee-Man Lau I, Yong JC. (2020). Culture moderates the link between perceived obligation and biological health risk: Evidence of culturally distinct pathways for positive health outcomes. *Social Science and Medicine*, 244, Article 112644. https://doi.org/10.1016/j.socscimed.2019.112644
- 45. Yoo J, Miyamoto Y, Evers U, Lee J, Wong N. (2021). Does materialism hinder relational well-being? The role of culture and social motives. *Journal of Happiness Studies*, 22, 241-261. https://doi.org/10.1007/s10902-020-00227-7
- 46. Schuurmans-Stekhoven JB. (2018). Conviction, character and coping: Religiosity and personality are both uniquely associated with optimism and positive reappraising. *Mental Health, Religion & Culture*, 21(8), 763-779. https://doi.org/10.1080/13674676.2018.1542422
- 47. Coe CL, Tsenkova V, Love GD, Kawakami N, Karasawa M, Kitayama S, . . . Ryff CD. (2020). Agerelated trends in the prevalence of type 2 diabetes among Japanese and White and Black American adults. *Archives of Epidemiology*, 4(2), Article 142. https://doi.org/10.29011/2577-2252.100042. PMCID: PMC9007276
- 48. Haas BW, Hoeft F, Omura K. (2021). The role of culture on the link between worldviews on nature and psychological health during the COVID-19 pandemic. *Personality and Individual Differences*, 170, 110336. https://doi.org/10.1016/j.paid.2020.110336
- 49. Kaveladze B, Diamond Altman A, Niederhausen M, Loftis JM, Teo AR. (2022). Social relationship quality, depression and inflammation: A cross-cultural longitudinal study in the United States and Tokyo, Japan. *International Journal of Social Psychiatry*, 68(2), 253-263. https://doi.org/10.1177/0020764020981604
- 50. Kitayama S, Berg MK, Chopik WJ. (2020). Culture and well-being in late adulthood: Theory and evidence. *American Psychologist*, 75(4), 567-576. https://doi.org/10.1037/amp0000614. PMCID: PMC7474435
- 51. Kitayama S, Park J. (2021). Is conscientiousness always associated with better health? A U.S.–Japan cross-cultural examination of biological health risk. *Personality and Social Psychology Bulletin*, 47(3), 486-498. https://doi.org/10.1177/0146167220929824. PMCID: PMC7746573
- 52. Lee C, Gao M, Ryff CD. (2020). Conscientiousness and smoking: Do cultural context and gender matter? *Frontiers in Psychology*, 11, Article 1593. https://doi.org/10.3389/fpsyg.2020.01593. PMCID: PMC7358448
- 53. Srirangarajan T, Oshio A, Yamaguchi A, Akutsu S. (2020). Cross-cultural nomological network of gratitude: Findings from Midlife in the United States (MIDUS) and Japan (MIDJA). *Frontiers in Psychology*, 11, Article 571. https://doi.org/10.3389/fpsyg.2020.00571
- 54. Stephan Y, Sutin AR, Luchetti M, Canada B, Terracciano A. (2020). Personality and HbA1c: Findings from six samples. *Psychoneuroendocrinology*, 120, Article 104782. https://doi.org/10.1016/j.psyneuen.2020.104782
- 56. Stephan Y, Sutin AR, Luchetti M, Hognon L, Canada B, Terracciano A. (2020). Personality and self-rated health across eight cohort studies. *Social Science and Medicine*, 263, Article 113245. https://doi.org/10.1016/j.socscimed.2020.113245
- 57. Straka K, Tran M-L, Millwood S, Swanson J, Kuhlman KR. (2021). Aging as a context for the role of inflammation in depressive symptoms. *Frontiers in Psychiatry*, 11, Article 1607. https://doi.org/10.3389/fpsyt.2020.605347
- 58. Toyama M, Fuller HR. (2021). Longitudinal associations between perceived control and health for American and Japanese aging adults. *The Gerontologist*, 61(6), 917-929. https://doi.org/10.1093/geront/gnaa135
- 59. Vanderkruik R, Whisman MA. (2021). A cross-cultural examination of pleasant events and depressive symptoms. *Journal of Clinical Psychology*, 77(6), 1384-1393. https://doi.org/10.1002/jclp.23111

- 60. Willroth EC, Ong AD, Graham EK, Mroczek DK. (2020). Being happy and becoming happier as independent predictors of physical health and mortality. *Psychosomatic Medicine*, 82(7), 650-657. https://doi.org/10.1097/PSY.000000000000832. PMCID: PMC7484325
- 61. Yong JC, Hartanto A, Tan JJX. (2021). Subjective social status and inflammation: The role of culture and anger control. *Health Psychology*, 40(1), 62-70. https://doi.org/10.1037/hea0001029
- 62. Bertele N, Karabatsiakis A, Buss C, Talmon A. (2021). How biomarker patterns can be utilized to identify individuals with a high disease burden: A bioinformatics approach towards predictive, preventive, and personalized (3p) medicine. *EPMA Journal*, 12, 507-516. https://doi.org/10.1007/s13167-021-00255-0
- 63. Willroth EC, Mroczek DK, Hill PL. (2021). Maintaining sense of purpose in midlife predicts better physical health. *Journal of Psychosomatic Research*, 145, Article 110485. https://doi.org/10.1016/j.jpsychores.2021.110485. PMCID: PMC8114231
- 64. Canada B, Stephan Y, Fundenberger H, Sutin AR, Terracciano A. (2021). Cross-sectional and prospective association between personality traits and IADL/ADL limitations. *Psychology and Aging*, 36(3), 309-321. https://doi.org/10.1037/pag0000502
- 65. Haas BW, Omura K. (2022). Cultural differences in susceptibility to the End of History Illusion. Personality and Social Psychology Bulletin, 48(9), 1331–1348. https://doi.org/10.1177/01461672211036873
- 66. Choi JH, Miyamoto Y. (2022). Cultural differences in self-rated health: The role of influence and adjustment. *Japanese Psychological Research*, 64(2), 156-169. https://doi.org/10.1111/jpr.12405
- 67. Freilich CD, Mann FD, Krueger RF. (2023). Comparing associations between personality and loneliness at midlife across three cultural groups. *Journal of Personality*, 91(3), 653-666. https://doi.org/10.1111/jopy.12765. PMCID: PMC9899295
- 68. Long LJ, Lu Q, Walker RL, Gallagher MW. (2020). Examining the measurement invariance of the LOT-R measure of optimism in the United States and Japan. *Journal of Well-Being Assessment*, 4, 447-462. https://doi.org/10.1007/s41543-021-00043-7
- 69. Lua VYQ, Majeed NM, Hartanto A, Leung AK-y. (2022). Help-seeking tendencies and subjective well-being: A cross-cultural comparison of the United States and Japan. *Social Psychology Quarterly*, 85(2), 164-186. https://doi.org/10.1177/01902725221077075
- 70. Hayakawa K, Watabe M, Horikawa H, Sato-Kasai M, Shimokawa N, Nakao T, Kato TA. (2022). Low-density lipoprotein cholesterol is a possible blood biomarker of schizoid personality traits among females. *Journal of Personalized Medicine*, 12, Article 131. https://doi.org/10.3390/jpm12020131
- 71. Choi H, Oishi S. (2023). Cultural variations in perceived partner responsiveness: The role of self-consistency. *Journal of Cross-Cultural Psychology*, 54(2), 303-318. https://doi.org/10.1177/00220221221132786
- 72. Narisada A. (2023). Work stressors and the buffering functions of the sense of control in the United States and Japan: A test of the diminished buffering hypothesis. *Society and Mental Health*, 13(2), 131-150. https://doi.org/10.1177/21568693231161108
- 73. Park J, Kitayama S, Miyamoto Y. (2023). When high subjective social status becomes a burden: A Japan–U.S. Comparison of biological health markers. *Personality and Social Psychology Bulletin*. Advance online publication. https://doi.org/10.1177/01461672231162747
- 74. Willroth EC, Pfund GN, Mroczek DK, Hill PL. (2023). Perceptions of a good life: Associations with culture, age, wellbeing, and health. *European Journal of Personality*. Advance online publication. https://doi.org/10.1177/08902070231186344
- 75. Weston SJ, Hill PL, Mroczek DK. (2023). Associations for sense of purpose with smoking and health outcomes among adults with diabetes. *International Journal of Behavioral Medicine*. Advance online publication. https://doi.org/10.1007/s12529-023-10191-0
- 76. Sutin AR, Stephan Y, Luchetti M, Artese A, Oshio A, Terracciano A. (2016). The five-factor model of personality and physical inactivity: A meta-analysis of 16 samples. *Journal of Research in Personality*, 63, 22-28. https://doi.org/10.1016/j.jrp.2016.05.001
- 77. Kim H, Schimmack U, Oishi S, Tsutsui Y. (2018). Extraversion and life satisfaction: A cross-cultural examination of student and nationally representative samples. *Journal of Personality*, 86(4), 604-618. https://doi.org/10.1111/jopy.12339
- 78. Miller R, Stalder T, Jarczok M, Almeida DM, Badrick E, Bartels M, . . . Kirschbaum C. (2016). The CIRCORT database: Reference ranges and seasonal changes in diurnal salivary cortisol derived from

- a meta-dataset comprised of 15 field studies. *Psychoneuroendocrinology*, 73, 16-23. https://doi.org/10.1016/j.psyneuen.2016.07.201. PMCID: PMC5108362
- 79. Pereira SMP, Stein Merkin S, Seeman T, Power C. (2019). Understanding associations of early-life adversities with mid-life inflammatory profiles: Evidence from the UK and USA. *Brain, Behavior, and Immunity*, 78, 143-152. https://doi.org/10.1016/j.bbi.2019.01.016. PMCID: PMC6941353
- 80. Kivimäki M, Kuosma E, Ferrie JE, Luukkonen R, Nyberg ST, Alfredsson L, . . . Jokela M. (2017). Overweight, obesity, and risk of cardiometabolic multimorbidity: Pooled analysis of individual-level data for 120 813 adults from 16 cohort studies from the USA and Europe. *Lancet Public Health*, 2(6), e277-e285. https://doi.org/10.1016/S2468-2667(17)30074-9
- 81. Jokela M, Elovainio M, Nyberg ST, Tabak AG, Hintsa T, Batty GD, Kivimaki M. (2014). Personality and risk of diabetes in adults: Pooled analysis of 5 cohort studies. *Health Psychology*, 33(12), 1618-1621. https://doi.org/10.1037/hea0000003
- 82. Jokela M. (2022). Religiosity, psychological distress, and well-being: Evaluating familial confounding with multicohort sibling data. *American Journal of Epidemiology*, 191(4), 584-590. https://doi.org/10.1093/aje/kwab276
- 83. Sutin AR, Stephan Y, Luchetti M, Strickhouser JE, Aschwanden D, Terracciano A. (2022). The association between five factor model personality traits and verbal and numeric reasoning. *Aging, Neuropsychology, and Cognition*, 29(2), 297-317. https://doi.org/10.1080/13825585.2021.1872481
- 84. Robinson E, Sutin A, Daly M. (2017). Perceived weight discrimination mediates the prospective relation between obesity and depressive symptoms in US and UK adults. *Health Psychology Open*, 36(2), 112-121. https://doi.org/10.1037/hea0000426
- 85. Glei DA, Goldman N, Ryff CD, Weinstein M. (2019). Physical function in US older adults compared with other populations: A multinational study. *Journal of Aging and Health*, 31(7), 1067-1084. https://doi.org/10.1177/0898264318759378. PMCID: PMC6070428
- 86. Glei DA, Goldman N, Weinstein M. The educational gradient in physiological dysregulation: A cross-country investigation. In: Ryff CD, Krueger RF, editors. The Oxford handbook of integrative health science. New York: Oxford University Press; 2018. p. 479-498. https://doi.org/10.1093/oxfordhb/9780190676384.001.0001
- 87. Glei DA, Goldman N, Ryff CD, Weinstein M. (2017). Can we determine whether physical limitations are more prevalent in the US than in countries with comparable life expectancy? *SSM Population Health*, 3, 808-813. https://doi.org/10.1016/j.ssmph.2017.07.008. PMCID: PMC5769036
- 88. Graham EK, Weston SJ, Turiano NA, Aschwanden D, Booth T, Harrison F, . . . Mroczek DK. (2020). Is healthy neuroticism associated with health behaviors? A coordinated integrative data analysis. *Collabra Psychology*, 6(1), Article 32. https://doi.org/10.1525/collabra.266. PMCID: PMC7751766
- 89. Weston SJ, Graham EK, Turiano NA, Aschwanden D, Booth T, Harrison F, . . . Mroczek DK. (2020). Is healthy neuroticism associated with chronic conditions? A coordinated integrative data analysis. *Collabra Psychology*, 6(1), Article 42. https://doi.org/10.1525/collabra.267. PMCID: PMC7566654
- 90. Otaiku Al. (2022). Religiosity and risk of Parkinson's disease in England and the USA. *Journal of Religion and Health*. Advanced online publication. https://doi.org./10.1007/s10943-022-01603-8
- 91. Stephan Y, Sutin AR, Kornadt A, Canada B, Terracciano A. (2022). Personality and subjective age: Evidence from six samples. *Psychology and Aging*, 37(3), 401-412. https://doi.org/10.1037/pag0000678
- 92. Yoneda T, Marroig A, Graham E, Willroth E, Watermeyer TJ, Beck E, . . . Muniz G. (2022). Personality predictors of cognitive dispersion: A coordinated analysis of data from seven international studies of older adults. *Neuropsychology*, 36(2), 103-115. https://doi.org/10.1037/neu0000782. PMCID: PMC8994477
- 93. Stephan Y, Sutin AR, Luchetti M, Aschwanden D, Caille P, Terracciano A. (2023). Personality associations with lung function and dyspnea: Evidence from six studies. *Respiratory Medicine*, 208, Article 107127. https://doi.org/10.1016/j.rmed.2023.107127
- 94. Graham EK, Weston SJ, Gerstorf D, Yoneda TB, Booth T, Beam CR, . . . Mroczek DK. (2020). Trajectories of Big Five personality traits: A coordinated analysis of 16 longitudinal samples. *European Journal of Personality*, 34, 301-321. https://doi.org/10.1002/per.2259. PMCID: PMC7869960
- 95. Turiano NA, Graham EK, Weston SJ, Booth T, Harrison F, James BD, . . . Mroczek DK. (2020). Is healthy neuroticism associated with longevity? A coordinated integrative data analysis. *Collabra Psychology*, 6(1), Article 33. https://doi.org/10.1525/collabra.268. PMCID: PMC7751763

- 96. Graham EK, Rutsohn JP, Turiano NA, Bendayan R, Batterham PJ, Gerstorf D, . . . Mroczek DK. (2017). Personality predicts mortality risk: An integrative data analysis of 15 international longitudinal studies. Journal of Research in Personality, 70, 174-186. https://doi.org/10.1016/j.jrp.2017.07.005. PMCID: PMC5673072
- 97. Cutler DM, Lleras-Muney A. (2010). Understanding differences in health behaviors by education. *Journal of Health Economics*, 29(1), 1-28. https://doi.org/10.1016/j.jhealeco.2009.10.003
- 98. Robinson E, Hunger JM, Daly M. (2015). Perceived weight status and risk of weight gain across life in US and UK adults. *International Journal of Obesity*, 39, 1721-1726. https://doi.org/10.1038/ijo.2015.143
- 99. Briley DA, Tropf FC, Mills MC. (2017). What explains the heritability of completed fertility? Evidence from two large twin studies. *Behavior Genetics*, 47, 36-51. https://doi.org/10.1007/s10519-016-9805-3
- 100. Patel PC, Wolfe MT, Williams TA. (2019). Self-employment and allostatic load. *Journal of Business Venturing*, 34(4), 731-751. https://doi.org/10.1016/j.jbusvent.2018.05.004
- Stephan Y, Sutin AR, Luchetti M, Aschwanden D, Terracciano A. (2023). Personality and risk of incident stroke in 6 prospective studies. *Stroke*. Advance online publication. https://doi.org/10.1161/STROKEAHA.123.042617
- 102. Jarczok MN, Koenig J, Thayer JF. (2021). Lower values of a novel index of vagal-neuroimmunomodulation are associated to higher all-cause mortality in two large general population samples with 18 year follow up. *Scientific Reports*, 11(1), 2554. https://doi.org/10.1038/s41598-021-82168-6
- 103. Gavrilova NS, Gavrilov LA, Severin FF, Skulachev VP. (2012). Testing predictions of the programmed and stochastic theories of aging: Comparison of variation in age at death, menopause, and sexual maturation. *Biochemistry (Moscow)*, 77(7), 754-760. https://doi.org/10.1134/s0006297912070085
- 104. Gladstone JJ, Jachimowicz JM, Greenberg AE, Galinsky AD. (2021). Financial shame spirals: How shame intensifies financial hardship. *Organizational Behavior and Human Decision Processes*, 167, 42-56. https://doi.org/10.1016/j.obhdp.2021.06.002
- 105. Franz CE, Finkel D, Panizzon MS, Spoon K, Christensen K, Gatz M, . . . Pedersen NL. (2017). Facets of subjective health from early adulthood to old age. *Journal of Aging and Health*, 29(1), 149-171. https://doi.org/10.1177/0898264315625488. PMCID: PMC4967559
- 106. Petkus AJ, Beam CR, Johnson W, Kaprio J, Korhonen T, McGue M, . . . Gatz M. (2017). Geneenvironment interplay in depressive symptoms: Moderation by age, sex, and physical illness. *Psychological Medicine*, 47(10), 1836-1847. https://doi.org/10.1017/s0033291717000290
- 107. Pahlen S, Hamdi NR, Dahl Aslan AK, Horwitz BN, Panizzon MS, Petersen I, . . . McGue M. (2018). Age-moderation of genetic and environmental contributions to cognitive functioning in mid- and late-life for specific cognitive abilities. *Intelligence*, 68, 70-81. https://doi.org/10.1016/j.intell.2017.12.004. PMCID: PMC6296772
- 108. Finkel D, Franz C, Horwitz B, Christensen K, Gatz M, Johnson W, . . . Silventoinen K. (2016). Gender differences in marital status moderation of genetic and environmental influences on subjective health. *Behavior Genetics*, 46(1), 114-123. https://doi.org/10.1007/s10519-015-9758-y
- 109. Petersen I, Pedersen NL, Rantanen T, Kremen WS, Johnson W, Panizzon MS, . . . Reynolds C. (2016). G x E interaction influences trajectories of hand grip strength. *Behavior Genetics*, 46, 20-30. https://doi.org/10.1007/s10519-015-9736-4. PMCID: PMC4720577
- 110. Reynolds CA, Gatz M, Christensen K, Christiansen L, Dahl Aslan AK, Kaprio J, . . . Pedersen NL. (2016). Gene-environment interplay in physical, psychological, and cognitive domains in mid to late adulthood: Is APOE a variability gene? *Behavior Genetics*, 46(1), 4-19. https://doi.org/10.1007/s10519-015-9761-3. PMCID: PMC4858319
- 111. Vo TT, Pahlen S, Kremen WS, McGue M, Dahl Aslan A, Nygaard M, . . . IGEMS Consortium. (2022). Does sleep duration moderate genetic and environmental contributions to cognitive performance? *Sleep*, 45(10), Article zsac140. https://doi.org/10.1093/sleep/zsac140
- 112. Li W-D, Schaubroeck JM, Xie JL, Keller AC. (2018). Is being a leader a mixed blessing? A dual-pathway model linking leadership role occupancy to well-being. *Journal of Organizational Behavior*, 39(8), 971-989. https://doi.org/10.1002/job.2273
- 113. Woodley of Menie MA, Cabeza de Baca T, Fernandes HBF, Madison G, Figueredo A-J, Peñaherrera Aguirre M. (2017). Slow and steady wins the race: K positively predicts fertility in the USA and Sweden. *Evolutionary Psychological Science*, 3(2), 108-117. https://doi.org/10.1007/s40806-016-0077-1

- 114. Luo J, Zhang B, Antonoplis S, Mroczek DK. (2022). The effects of socioeconomic status on personality development in adulthood and aging. *Journal of Personality*. Advance online publication. https://doi.org/10.1111/jopy.12801. PMCID: PMC10256837
- 115. Spahlholz J, Baer N, König HH, Riedel-Heller SG, Luck-Sikorski C. (2016). Obesity and discrimination a systematic review and meta-analysis of observational studies. *Obesity Reviews*, 17(1), 43-55. https://doi.org/10.1111/obr.12343
- 116. Weinschenk AC, Dawes CT, Oskarsson S. (2021). Does education instill civic duty? Evidence from monozygotic twins in the United States and Sweden. *International Journal of Public Opinion Research*, 33(1), 183-195. https://doi.org/10.1093/ijpor/edaa006
- 117. Wahl H-W, Drewelies J, Duezel S, Lachman ME, Smith J, Eibich P, . . . Gerstorf D. (2022). Subjective age and attitudes toward own aging across two decades of historical time. *Psychology and Aging*, 37(3), 413-429. https://doi.org/10.1037/pag0000649. PMCID: PMC9487183
- 118. Westerhof GJ, Barrett AE. (2005). Age identity and subjective well-being: A comparison of the United States and Germany. *Journals of Gerontology Series B, Psychological Sciences and Social Sciences*, 60B(3), S129-S136. https://doi.org/10.1093/geronb/60.3.S129
- 119. Westerhof GJ, Barrett AE, Steverink N. (2003). Forever young? A comparison of age identities in the United States and Germany. *Research on Aging*, 25(4), 366-383. https://doi.org/10.1177/0164027503025004002
- 120. Park Y, Impett EA, MacDonald G. (2021). Singles' sexual satisfaction is associated with more satisfaction with singlehood and less interest in marriage. *Personality and Social Psychology Bulletin*, 47(5), 741-752. https://doi.org/10.1177/0146167220942361
- 121. Jankowsky K, Schroeders U. (2022). Validation and generalizability of machine learning prediction models on attrition in longitudinal studies. *International Journal of Behavioral Development*, 46(2), 169-176. https://doi.org/10.1177/01650254221075034
- 122. Obschonka M, Stuetzer M. (2017). Integrating psychological approaches to entrepreneurship: The Entrepreneurial Personality System (EPS). *Small Business Economics*, 49(1), 203-231. https://doi.org/10.1007/s11187-016-9821-y
- 123. Hakulinen C, Elovainio M, Batty GD, Virtanen M, Kivimäki M, Jokela M. (2015). Personality and alcohol consumption: Pooled analysis of 72,949 adults from eight cohort studies. *Drug and Alcohol Dependence*, 151, 110-114. https://doi.org/10.1016/j.drugalcdep.2015.03.008
- Hakulinen C, Jokela M. (2019). Alcohol use and personality trait change: Pooled analysis of six cohort studies. *Psychological Medicine*, 49(2), 224-231. https://doi.org/10.1017/S0033291718000636
- 125. Zisman C, Ganzach Y. (2022). The claim that personality is more important than intelligence in predicting important life outcomes has been greatly exaggerated. *Intelligence*, 92, Article 101631. https://doi.org/10.1016/j.intell.2022.101631
- 126. Staudinger UM, Fleeson W, Baltes PB. (1999). Predictors of subjective physical health and global well-being: Similarities and differences between the United States and Germany. *Journal of Personality and Social Psychology*, 76(2), 305-319. https://doi.org/10.1037/0022-3514.76.2.305
- 127. Gustavson DE, Panizzon MS, Kremen WS, Reynolds CA, Pahlen S, Nygaard M, . . . Franz CE. (2021). Genetic and environmental influences on semantic verbal fluency across midlife and later life. *Behavior Genetics*, 51, 99-109. https://doi.org/10.1007/s10519-021-10048-w
- 128. Monden C. (2010). Do measured and unmeasured family factors bias the association between education and self-assessed health? *Social Indicators Research*, 98(2), 321-336. https://doi.org/10.1007/s11205-009-9547-1
- de Geus EJC, Gianaros PJ, Brindle RC, Jennings JR, Berntson GG. (2019). Should heart rate variability be "corrected" for heart rate? Biological, quantitative, and interpretive considerations. *Psychophysiology*, 56(2), Article e13287. https://doi.org/10.1111/psyp.13287
- 130. Jokela M, Berg V, Silventoinen K, Batty GD, Singh-Manoux A, Kaprio J, . . . Kivimaki M. (2016). Body mass index and depressive symptoms: Testing for adverse and protective associations in two twin cohort studies. *Twin Research and Human Genetics*, 19(4), 306-311. https://doi.org/10.1017/thg.2016.14
- 131. Cornman JC, Glei DA, Goldman N, Ryff CD, Weinstein M. (2015). Socioeconomic status and biological markers of health: An examination of adults in the United States and Taiwan. *Journal of Aging and Health*, 27(1), 75-102. https://doi.org/10.1177/0898264314538661. PMCID: PMC4284140

- 132. Glei DA, Goldman N, Ryff CD, Lin Y-H, Weinstein M. (2012). Social relationships and inflammatory markers: An analysis of Taiwan and the U.S. *Social Science and Medicine*, 74(12), 1891–1899. https://doi.org/10.1016/j.socscimed.2012.02.020. PMCID: PMC3348237
- 133. Glei DA, Goldman N, Shkolnikov VM, Jdanov D, Shkolnikova M, Vaupel JW, Weinstein M. (2013). Perceived stress and biological risk: Is the link stronger in Russians than in Taiwanese and Americans? *Stress*, 16(4), 411-420. https://doi.org/10.3109/10253890.2013.789015. PMCID: PMC3686890
- 134. Swann JR, Spagou K, Lewis M, Nicholson JK, Glei DA, Seeman TE, . . . Holmes E. (2013). Microbial-mammalian co-metabolites dominate the age-associated urinary metabolic phenotype in Taiwanese and American populations. *Journal of Proteome Research*, 12(7), 3166-3180. https://doi.org/10.1021/pr4000152. PMCID: PMC3835364
- 135. Stephan Y, Boiché J, Canada B, Terracciano A. (2014). Association of personality with physical, social, and mental activities across the lifespan: Findings from US and French samples. *British Journal of Psychology*, 105(4), 564-580. https://doi.org/10.1111/bjop.12056
- 136. Joshanloo M, Bakhshi A. (2016). The factor structure and measurement invariance of positive and negative affect: A study in Iran and the USA. *European Journal of Psychological Assessment*, 32, 265-272. https://doi.org/10.1027/1015-5759/a000252
- 137. Joshanloo M. (2021). Centrality and dimensionality of 14 indicators of mental well-being in four countries: Developing an integrative framework to guide theorizing and measurement. *Social Indicators Research*, 158, 727-750. https://doi.org/10.1007/s11205-021-02723-6
- 138. Song J, Marks NF, Han G. (2007). Work, family, work-family spillover and mental health among working adults: A comparison of data from national surveys in Korea and the U.S. *Family & Culture*, 19(2), 61-92. https://doi.org/10.21478/family.19.2.200706.003
- 139. Oh VYS, Yu Z, Tong EMW. (2022). Objective income but not subjective social status predicts short-term and long-term cognitive outcomes: Findings across two large datasets. *Social Indicators Research*, 162, 327-349. https://doi.org/10.1007/s11205-021-02844-y
- 140. Ng MHS, Lua VYQ, Majeed NM, Hartanto A. (2022). Does trait self-esteem serve as a protective factor in maintaining daily affective well-being? Multilevel analyses of daily diary studies in the US and Singapore. *Personality and Individual Differences*, 198, Article 111804. https://doi.org/10.1016/j.paid.2022.111804
- 141. Ma A, Savani K, Liu F, Tai K, Kay AC. (2023). The mutual constitution of culture and psyche: The bidirectional relationship between individuals' perceived control and cultural tightness—looseness. *Journal of Personality and Social Psychology*, 124(5), 901-916. https://doi.org/10.1037/pspa0000327
- 142. Majeed NM, Kasturiratna KTAS, Lua VYQ, Li MY, Hartanto A. (2023). Discrimination and cognitive failures in Singapore and the US: An investigation of between- and within-persons associations through multilevel modelling. *International Journal of Intercultural Relations*, 94, Article 101805. https://doi.org/10.1016/j.ijiintrel.2023.101805
- 143. Chua KQ, Ng R, Sung CLQ, Hartanto A, Oh VYS, Tong EMW. (2022). Relationship between contentment and working memory capacity: Experimental and naturalistic evidence. *Current Psychology*. Advance online publication. https://doi.org/10.1007/s12144-022-03714-7
- 144. Su L, Tanner EC, Marquart NA, Zhao D. (2022). We are not all the same: The influence of personal culture orientations on vulnerable consumers' financial well-being. *Journal of International Marketing*, 30(3), 57-71. https://doi.org/10.1177/1069031X221096637
- 145. McKinnon L, Samson DR, Nunn CL, Rowlands A, Salvante KG, Nepomnaschy PA. (2022). Technological infrastructure, sleep, and rest-activity patterns in a Kaqchikel Maya community. *PLoS ONE*, 17(11), Article e0277416. https://doi.org/10.1371/journal.pone.0277416
- 146. McKinnon L, Shattuck EC, Samson DR. (2023). Sound reasons for unsound sleep: Comparative support for the sentinel hypothesis in industrial and nonindustrial groups. *Evolution, Medicine, and Public Health*, 11(1), 53-66. https://doi.org/10.1093/emph/eoac039
- 147. Payne CF, Kohler IV, Bandawe C, Lawler K, Kohler H-P. (2018). Cognition, health, and well-being in a rural sub-saharan African population. *European Journal of Population*, 34(4), 637-662. https://doi.org/10.1007/s10680-017-9445-1
- 148. Bourassa KJ, Moffitt TE, Harrington H, Houts R, Poulton R, Ramrakha S, Caspi A. (2021). Lower cardiovascular reactivity is associated with more childhood adversity and poorer midlife health: Replicated findings from the Dunedin and MIDUS cohorts. *Clinical Psychological Science*, 9(5), 961-978. https://doi.org/10.1177/2167702621993900

- 149. Gish JJ, Guedes MJ, Silva BG, Patel PC. (2022). Latent profiles of personality, temperament, and eudaimonic well-being: Comparing life satisfaction and health outcomes among entrepreneurs and employees. *Journal of Business Venturing Insights*, 17, Article e00293. https://doi.org/10.1016/j.jbvi.2021.e00293
- 150. Bartels M. (2015). Genetics of wellbeing and its components satisfaction with life, happiness, and quality of life: A review and meta-analysis of heritability studies. *Behavior Genetics*, 45(2), 137-156. https://doi.org/10.1007/s10519-015-9713-y
- 151. Chopik WJ, Newton NJ, Ryan LH, Kashdan TB, Jarden AJ. (2019). Gratitude across the life span: Age differences and links to subjective well-being. *Journal of Positive Psychology*, 14(3), 292-302. https://doi.org/10.1080/17439760.2017.1414296
- 152. Ferrie JE, Virtanen M, Jokela M, Madsen IEH, Heikkilä K, Alfredsson L, . . . Kivimäki M. (2016). Job insecurity and risk of diabetes: A meta-analysis of individual participant data. *Canadian Medical Association Journal*, 188(17-18), E447-E455. https://doi.org/10.1503/cmaj.150942
- 153. Hakulinen C, Elovainio M, Pulkki-Råback L, Virtanen M, Kivimäki M, Jokela M. (2015). Personality and depressive symptoms: Individual participant meta-analysis of 10 cohort studies. *Depression and Anxiety*, 32(7), 461-470. https://doi.org/10.1002/da.22376
- 154. Hakulinen C, Hintsanen M, Munafò MR, Virtanen M, Kivimäki M, Batty GD, Jokela M. (2015). Personality and smoking: Individual-participant meta-analysis of nine cohort studies. *Addiction*, 110(11), 1844-1852. https://doi.org/10.1111/add.13079
- 155. Jokela M. Personality as a determinant of health behaviors and chronic diseases: Review of metaanalytic evidence. In: Ryff CD, Krueger RF, editors. The Oxford handbook of integrative health science. New York: Oxford University Press; 2018. p. 317-332. https://doi.org/10.1093/oxfordhb/9780190676384.001.0001
- Jokela M, Batty GD, Nyberg ST, Virtanen M, Nabi H, Singh-Manoux A, Kivimäki M. (2013). Personality and all-cause mortality: Individual-participant meta-analysis of 3,947 deaths in 76,150 adults. *American Journal of Epidemiology*, 178(5), 667-675. https://doi.org/10.1093/aje/kwt170
- 157. Kim TJ, von dem Knesebeck O. (2016). Perceived job insecurity, unemployment and depressive symptoms: A systematic review and meta-analysis of prospective observational studies. *International Archives of Occupational and Environmental Health*, 89(4), 561-573. https://doi.org/10.1007/s00420-015-1107-1
- 158. Kivimäki M, Virtanen M, Kawachi I, Nyberg ST, Alfredsson L, Batty GD, . . . Jokela M. (2015). Long working hours, socioeconomic status, and the risk of incident type 2 diabetes: A meta-analysis of published and unpublished data from 222120 individuals. *Lancet Diabetes & Endocrinology*, 3(1), 27-34. https://doi.org/10.1016/S2213-8587(14)70178-0
- 159. Miyamoto Y, Yoo J, Levine CS, Park J, Boylan JM, Sims T, . . . Ryff CD. (2018). Culture and social hierarchy: Self- and other-oriented correlates of socioeconomic status across cultures. *Journal of Personality and Social Psychology*, 115(3), 427-445. https://doi.org/10.1037/pspi0000133. PMCID: PMC6095715
- 160. Niebuur J, van Lente L, Liefbroer AC, Steverink N, Smidt N. (2018). Determinants of participation in voluntary work: A systematic review and meta-analysis of longitudinal cohort studies. *BMC Public Health*, 18(1), Article 1213. https://doi.org/10.1186/s12889-018-6077-2
- 161. Salk RH, Hyde JS, Abramson LY. (2017). Gender differences in depression in representative national samples: Meta-analyses of diagnoses and symptoms. *Psychological Bulletin*, 143(8), 783-822. https://doi.org/10.1037/bul0000102
- 162. Stringhini S, Carmeli C, Jokela M, Avendaño M, McCrory C, d'Errico A, . . . Kivimäki M. (2018). Socioeconomic status, non-communicable disease risk factors, and walking speed in older adults: Multi-cohort population based study. *BMJ- British Medical Journal*, 360, Article k1046. https://doi.org/10.1136/bmj.k1046
- 163. Stringhini S, Carmeli C, Jokela M, Avendaño M, Muennig P, Guida F, . . . Kivimäki M. (2017). Socioeconomic status and the 25 x 25 risk factors as determinants of premature mortality: A multicohort study and meta-analysis of 1.7 million men and women. *Lancet*, 389(10075), 1229-1237. https://doi.org/10.1016/S0140-6736(16)32380-7
- 164. Sutin AR, Stephan Y, Damian RI, Luchetti M, Strickhouser JE, Terracciano A. (2019). Five-factor model personality traits and verbal fluency in 10 cohorts. *Psychology and Aging*, 34(3), 362-373. https://doi.org/10.1037/pag0000351

- Teague S, Youssef GJ, Macdonald JA, Sciberras E, Shatte A, Fuller-Tyszkiewicz M, . . . Theme SLS. (2018). Retention strategies in longitudinal cohort studies: A systematic review and meta-analysis. *BMC Medical Research Methodology*, 18, Article 151. https://doi.org/10.1186/s12874-018-0586-7
- 166. Virtanen M, Jokela M, Nyberg ST, Madsen IEH, Lallukka T, Ahola K, . . . Kivimäki M. (2015). Long working hours and alcohol use: Systematic review and meta-analysis of published studies and unpublished individual participant data. *BMJ- British Medical Journal*, 350, Article g7772. https://doi.org/10.1136/bmj.g7772
- 167. Schuch FB, Stubbs B, Meyer J, Heissel A, Zech P, Vancampfort D, . . . Hiles SA. (2019). Physical activity protects from incident anxiety: A meta-analysis of prospective cohort studies. *Depression and Anxiety*, 36, 846-858. https://doi.org/10.1002/da.22915
- 168. Andersen BP. (2020). Ethnic group differences in the general factor of personality (GFP) are opposite to that which would be predicted by differential-K theory. *Personality and Individual Differences*, 152, Article 109567. https://doi.org/10.1016/j.paid.2019.109567
- 169. Jokela M, Airaksinen J, Virtanen M, Batty GD, Kivimäki M, Hakulinen C. (2020). Personality, disability-free life years, and life expectancy: Individual participant meta-analysis of 131,195 individuals from 10 cohort studies. *Journal of Personality*, 88(3), 596-605. https://doi.org/10.1111/jopy.12513
- 170. Ngamaba KH, Armitage C, Panagioti M, Hodkinson A. (2020). How closely related are financial satisfaction and subjective well-being? Systematic review and meta-analysis. *Journal of Behavioral and Experimental Economics*, 85, Article 101522. https://doi.org/10.1016/j.socec.2020.101522
- 171. Pesta BJ, Kirkegaard EOW, te Nijenhuis J, Lasker J, Fuerst JGR. (2020). Racial and ethnic group differences in the heritability of intelligence: A systematic review and meta-analysis. *Intelligence*, 78, Article 101408. https://doi.org/10.1016/j.intell.2019.101408
- 172. Alonso Debreczeni F, Bailey PE. (2021). A systematic review and meta-analysis of subjective age and the association with cognition, subjective well-being, and depression. *Journals of Gerontology Series B, Psychological Sciences and Social Sciences*, 76(3), 471-482. https://doi.org/10.1093/geronb/gbaa069
- 173. Cohen R, Bavishi C, Rozanski A. (2016). Purpose in life and its relationship to all-cause mortality and cardiovascular events: A meta-analysis. *Psychosomatic Medicine*, 78(2), 122-133. https://doi.org/10.1097/psy.0000000000000274
- 174. D'Amico D, Amestoy ME, Fiocco AJ. (2020). The association between allostatic load and cognitive function: A systematic and meta-analytic review. *Psychoneuroendocrinology*, 121, Article 104849. https://doi.org/10.1016/j.psyneuen.2020.104849
- 175. Descatha A, Sembajwe G, Pega F, Ujita Y, Baer M, Boccuni F, . . . lavicoli S. (2020). The effect of exposure to long working hours on stroke: A systematic review and meta-analysis from the WHO/ILO Joint Estimates of the Work-related Burden of Disease and Injury. *Environment International*, 142, Article 105746. https://doi.org/10.1016/j.envint.2020.105746
- 176. Li J, Pega F, Ujita Y, Brisson C, Clays E, Descatha A, . . . Siegrist J. (2020). The effect of exposure to long working hours on ischaemic heart disease: A systematic review and meta-analysis from the WHO/ILO Joint Estimates of the Work-related Burden of Disease and Injury. *Environment International*, 142, Article 105739. https://doi.org/10.1016/j.envint.2020.105739
- 177. Muscatell KA, Brosso SN, Humphreys KL. (2020). Socioeconomic status and inflammation: A meta-analysis. *Molecular Psychiatry*, 25(9), 2189-2199. https://doi.org/10.1038/s41380-018-0259-2
- 178. Pachito DV, Pega F, Bakusic J, Boonen E, Clays E, Descartha A, . . . Godderis L. (2021). The effect of exposure to long working hours on alcohol consumption, risky drinking and alcohol use disorder: A systematic review and meta-analysis from the WHO/ILO Joint Estimates of the Work-related Burden of Disease and Injury. *Environment International*, 146, Article 106205. https://doi.org/10.1016/j.envint.2020.106205
- 179. Tan JJX, Kraus MW, Carpenter NC, Adler NE. (2020). The association between objective and subjective socioeconomic status and subjective well-being: A meta-analytic review. *Psychological Bulletin*, 146(11), 970-1020. https://doi.org/10.1037/bul0000258
- 180. Wiss DA, Brewerton TD. (2020). Adverse Childhood Experiences and adult obesity: A systematic review of plausible mechanisms and meta-analysis of cross-sectional studies. *Physiology and Behavior*, 223, Article 112964. https://doi.org/10.1016/j.physbeh.2020.112964
- 181. Witlox M, Garnefski N, Kraaij V, Simou M, Dusseldorp E, Bohlmeijer E, Spinhoven P. (2021). Prevalence of anxiety disorders and subthreshold anxiety throughout later life: Systematic review and meta-analysis. *Psychology and Aging*, 36(2), 268-287. https://doi.org/10.1037/pag0000529

- 182. Frank P, Jokela M, Batty GD, Cadar D, Steptoe A, Kivimäki M. (2021). Association between systemic inflammation and individual symptoms of depression: A pooled analysis of 15 population-based cohort studies. *American Journal of Psychiatry*, 178(12), 1107-1118. https://doi.org/10.1176/appi.ajp.2021.20121776
- 183. Stephan Y, Sutin AR, Luchetti M, Aschwanden D, Terracciano A. (2021). Subjective age and verbal fluency among middle aged and older adults: A meta-analysis of five cohorts. *Archives of Gerontology and Geriatrics*, 97, Article 104527. https://doi.org/10.1016/j.archger.2021.104527
- 184. Sutin AR, Luchetti M, Stephan Y, Strickhouser JE, Terracciano A. (2022). The association between purpose/meaning in life and verbal fluency and episodic memory: A meta-analysis of >140,000 participants from up to 32 countries. *International Psychogeriatrics*, 34(3), 263-273. https://doi.org/10.1017/S1041610220004214
- 185. Tong EMW, Reddish P, Oh VYS, Ng W, Sasaki E, Chin EDA, Diener E. (2022). Income robustly predicts self-regard emotions. *Emotion*, 22(7), 1670-1685. https://doi.org/10.1037/emo0000933
- 186. Caille P, Stephan Y, Sutin AR, Luchetti M, Canada B, Heraud N, Terracciano A. (2022). Personality and change in physical activity across 3–10 years. *Psychology & Health*. Advance online publication. https://doi.org/10.1080/08870446.2022.2092866
- 187. Frank P, Jokela M, Batty GD, Lassale C, Steptoe A, Kivimäki M. (2022). Overweight, obesity, and individual symptoms of depression: A multicohort study with replication in UK Biobank. *Brain, Behavior, and Immunity*, 105, 192-200. https://doi.org/10.1016/j.bbi.2022.07.009
- 188. Lamarche VM, Seery MD, Murray SL, Kondrak CL, Saltsman TL, Streamer L. (2022). Lovers in a dangerous time: Ecologically motivated relationship safety regulation. Current Research in Ecological and Social Psychology, 3, Article 100061. https://doi.org/10.1016/j.cresp.2022.100061
- 189. Stephan Y, Sutin AR, Canada B, Deshayes M, Kekäläinen T, Terracciano A. (2022). Five-factor model personality traits and grip strength: Meta-analysis of seven studies. *Journal of Psychosomatic Research*. 160, Article 110961. https://doi.org/10.1016/j.jpsychores.2022.110961
- 190. Sutin AR, Luchetti M, Aschwanden D, Lee JH, Sesker AA, Stephan Y, Terracciano A. (2022). Sense of purpose in life and concurrent loneliness and risk of incident loneliness: An individual-participant meta-analysis of 135,227 individuals from 36 cohorts. *Journal of Affective Disorders*, 309, 211-220. https://doi.org/10.1016/j.jad.2022.04.084
- 191. Bell G, Singham T, Saunders R, Buckman JEJ, Charlesworth G, Richards M, . . . Stott J. (2022). Positive psychological constructs and cognitive function: A systematic review and meta-analysis. *Ageing Research Reviews*, 82, Article 101745. https://doi.org/10.1016/j.arr.2022.101745
- 192. Jarczok MN, Weimer K, Braun C, Williams DP, Thayer JF, Gündel HO, Balint EM. (2022). Heart rate variability in the prediction of mortality: A systematic review and meta-analysis of healthy and patient populations. *Neuroscience and Biobehavioral Reviews*, 143, Article 104907. https://doi.org/10.1016/j.neubiorev.2022.104907
- 193. Luczak SE, Beam CR, Pahlen S, Lynch M, Pilgrim M, Reynolds CA, . . . Gatz M. (2023). Remember this: Age moderation of genetic and environmental contributions to verbal episodic memory from midlife through late adulthood. *Intelligence*, 99, Article 101759. https://doi.org/10.1016/j.intell.2023.101759
- 194. McCrory C, McLoughlin S, Layte R, NiCheallaigh C, O'Halloran AM, Barros H, . . . Kenny RA. (2023). Towards a consensus definition of allostatic load: A multi-cohort, multi-system, multi-biomarker individual participant data (IPD) meta-analysis. *Psychoneuroendocrinology*, 153, Article 106117. https://doi.org/10.1016/j.psyneuen.2023.106117
- 195. Moyers SA, Hagger MS. (2023). Physical activity and cortisol regulation: A meta-analysis. *Biological Psychology*, 179, Article 108548. https://doi.org/10.1016/j.biopsycho.2023.108548
- 196. Souama C, Lamers F, Milaneschi Y, Vinkers CH, Defina S, Garvert L, . . . Penninx BWJH. (2023). Depression, cardiometabolic disease, and their co-occurrence after childhood maltreatment: An individual participant data meta-analysis including over 200,000 participants. *BMC Medicine*, 21(1), Article 93. https://doi.org/10.1186/s12916-023-02769-y
- 197. Sutin AR, Brown J, Luchetti M, Aschwanden D, Stephan Y, Terracciano A. (2023). Five-factor model personality traits and the trajectory of episodic memory: Individual-participant meta-analysis of 471,821 memory assessments from 120,640 participants. *Journals of Gerontology Series B, Psychological Sciences and Social Sciences*, 78(3), 421-433. https://doi.org/10.1093/geronb/gbac154
- 198. Yoneda T, Lozinski T, Turiano N, Booth T, Graham EK, Mroczek D, Terrera GM. (2023). The Big Five personality traits and allostatic load in middle to older adulthood: A systematic review and meta-

analysis. *Neuroscience and Biobehavioral Reviews*, 148, Article 105145. https://doi.org/10.1016/j.neubiorev.2023.105145. PMCID: PMC10106433